



**The**  
*Successful*  
**High Performer**  
**Program™**





Did you know that losing ONE high performer is a costly loss for your team? How much money does this cost your team annually?

Attracting and retaining top talent is a constant challenge. High performers are the most valuable and hardest to replace in an organization.

High performers get more tasks delegated to them than other team members because they excel at completing the tasks. But at what cost?

As an employer do you have a strong enough value proposition to keep them happy, productive and engaged? If you have high turnover, workman's comp stress leave, ongoing negotiations with title and pay, sudden change in productivity, or higher than usual conflict within the team, then the answer is NO.

Here are 4 important systems we'll incorporate to support your high performers in having a strong enough value proposition to stay happy, productive and engaged in The Successful High Performer™ Program™:

- Freedom System - Love Your Life, Love Your Work
- Communication System - Love Yourself, Love Your People
- Balance System - Love Your Health, Love Your Workplace
- Success System - Love Your Wellbeing, Love Your Success



Lisa is a Spiritual Medium & Mentor, Author and Mindset & Energy Strategist working with high performance teams so the employer is guaranteed higher retention, lower turnover and happy and engaged employees.

Burnout is completely preventable. Lisa helps her clients create a new relationship with success. She provides intuitive mentoring, energy strategizing & mindset training for high performers so they can create a sustainable work-life balance. Since 2002, Lisa has been supporting her clients to be on their best path – in and out of work.

Lisa teaches simple yet highly effective practices that get repeatable results, no matter how busy her clients are. She works with clients individually and within high powered teams.

Lisa not only teaches balance but she lives it everyday. As a high performer, she hustled for years and pushed herself to burnout more than once. Lisa teaches practical tools, practices and strategies to have a new relationship with success. Sustainable work-life balance and a new relationship with success are key for high performers.



# THE SUCCESSFUL HIGH PERFORMER PROGRAM™



INTUITIVE MENTORING



MINDSET UPGRADES



ENERGY BALANCING



ABUNDANCE & SUCCESS PRINCIPLES



SUSTAINABLE WORK-LIFE BALANCE



TOOLS & RESOURCES



RELATIONSHIP STRATEGIES



TEAM RETREAT

# WHAT DOES THAT LEAD TO?

Attracting and retaining high performers that feel supported and thrive in your organization.



Sustainable work-life balance and a new relationship with success so you can retain your talent.



Relationship strategies that foster successful relationships for more peace and less conflict resolution.



Customized meditations and self-care practices to feel good, supported and rejuvenated so they can continue to excel as a high performer.



Success Wound™ training to prevent burnout and ultimately stop stress leave.



To retain and keep your high performers happy, engaged and performing sustainably.

# TESTIMONIALS



Private Program



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## LISA'S INNER CIRCLE

SAN MARCOS, CALIFORNIA

"Lisa holds me accountable to how I'm spending my energy and time. She helps keep me in check to make sure that it's not just about building this business but staying true to myself and really staying aligned with the greater good and my why."

***"Lisa is someone who I want with me all the time because I keep leveling up."***



Private Program



## LISA'S INNER CIRCLE

YOSEMITE FOOTHILLS, CALIFORNIA

"Lisa's not only helped me in my business she has also helped my relationships to flourish. I have been able to move past fears and looping patterns that were keeping me stuck. Working with her has allowed me to slow down, acknowledge the success I've created and really enjoy my life!"

***"If you are stressed, exhausted and still striving for more, I highly recommend working with Lisa!"***

# TESTIMONIALS



## SEMI-PRIVATE PROGRAM

MONUMENT, COLORADO

"Lisa helped me find that balance that has been so key to relieving the guilt and allowing me to be present. She helped me identify patterns that even career coaches and therapists and tons of time with friends had not gotten rid of."

***"In a matter of weeks of working with Lisa, I found significant changes to how I was showing up in my work and in my life - definitely for the better."***



## SEMI-PRIVATE PROGRAM

SAN DIEGO, CALIFORNIA

"Lisa allowed me to overcome my fears and give me self confidence in knowing that I am enough, I am worthy, I am loved ( Healing my Success Wound™ ) and find fulfillment in my life."

***"I would recommend working with Lisa because she really works with you and your challenges. She personalizes it to you."***

# TESTIMONIALS



## SEMI-PRIVATE PROGRAM

SAN MARCOS, CALIFORNIA

“Lisa has helped to empower me so that instead of my fears controlling me, Lisa has helped me to recognize them, and then to release them.”

***“Lisa's program is so powerful because she has intuitive abilities to customize the program for you as an individual and it's not just a formula or a cookie cutter approach.”***



## JOHN

EXPERT ACCELERATOR EVENT SUPPORT

“I would recommend Lisa to anybody that just wants to get the best out of themselves and wants to function at their highest level. Without overwhelming themselves and making space for other things that are important to them in their lives.”

***“If you want to be more balanced in life and you want to still be successful professionally and be effective, then I would reach out to Lisa.”***



# TESTIMONIALS



## JESSICA

### INNER CIRCLE EVENT SUPPORT

"In the last year alone, Lisa has supported me energetically at six of my high level events. In fact she's been instrumental in helping my clients at those events to remove limitations, get past inner obstacles and truly step into the next level of success that they desire."

***"I keep bringing Lisa into the mix and why I talk so much about mindset because it truly is 80% of the game."***



## BRETT

### 100K IN 90 DAYS EVENT SUPPORT

"I've been doing the work I do for the past 25 years and as a former #1 trainer and Peak Performance Coach for Tony Robbins, I have been exposed to many energy healers. Lisa is in a category of her own. For those that are searching for a life of optimal energy and feeling at their absolute best then reaching out to Lisa would not only be a great idea, it would be an excellent idea! I support Lisa 100% and the work in which she does."

***"Lisa is in a category of her own."***

# TESTIMONIALS



## JENNIFER

### HIGH LEVEL MASTERMIND SUPPORT

"Having Lisa around has been such a bright light. It's been so powerful in crushing my limiting beliefs, in calming my nerves as I was getting uncomfortable up-leveling, in coming together as a group and bonding and being able to really support each other. It's incredible what she's able to do for you in just a short time."

***"I am eternally grateful for what she's provided for me at this event."***



## WENDY

### HIGH LEVEL MASTERMIND SUPPORT

"For me personally, the energy work that I took part in with Lisa was profound. It helped me relax at the end of the night. It helped me make a shift in my own perceived value when I needed it the most."

***"I really felt a lot of strength and a lot of supportive energetic power from Lisa specifically during this event."***

# TESTIMONIALS



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## PEGGY

EXPERT ACCELERATOR EVENT SUPPORT

*"Lisa's energy work is profound. It's deep, it's authentic and it's deeply healing. Really, it's very transformational and it's palpable. I can actually feel the changes in my nervous system happening and they're lasting."*

***"I would so encourage other people who are doing events to hire Lisa because the teacher gives us the outside stuff, Lisa helps with the inside stuff."***



[CLICK HERE TO WATCH FULL VIDEO](#)

## JAMES

INNER CIRCLE EVENT SUPPORT

*"It's so easy to burn out. I come from a corporate background where energy work doesn't exist. In fact, I didn't know how far out of alignment I was with my energy that's helping me fuel and run my company correctly until I met Lisa. It taught me so much with your energy to really put back into yourself, your family and your business,"*

***"Lisa amazingly helped me see some things I never saw that have helped me grow my role, grow my company and be a happier person and a better dad."***

# TESTIMONIALS



## TREA

### INNER CIRCLE EVENT SUPPORT

"She supports the event energetically and makes sure that everything runs smoothly behind the scenes."

***"I'm really glad that she was here to support us and it's been a really positive experience."***



## WENDY

### EXPERT ACCELERATOR EVENT SUPPORT

"When you have an energy worker like Lisa at an event, it helps to bring the entire energy into the same kind of positive and balanced plane because you can be surrounded by a lot of people and they're all at different levels."

***"She is also there to lift up and keep the energy high for the facilitator and that is something that is absolutely needed, especially when you're hosting a multi-day event."***



# TESTIMONIALS



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## JANET

EXPERT ACCELERATOR EVENT SUPPORT

"I think a lot of us when we get into this room, we get overwhelmed with all of the content and all of the stuff that we have to do and the tasks. Lisa helps us overcome that."

***"Lisa helped to just bring us all back into center, get back into clarity and perspective and bring us back into a place of peace where we can think clearly again."***



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## NIKKI

EXPERT ACCELERATOR EVENT SUPPORT

"What Lisa provides is something that most coaches (unless they also are energy healers and mediums) aren't able to provide and it's a way to give another dimension to your clients experience that they won't forget."

***"I would absolutely recommend that other coaches have Lisa come in and do her work."***



*"Burnout is completely preventable. Retain your top talent and curtail stress leave through The Successful High Performer Program™."*

L I S A   G O R N A L L

●  
FREEDOM

●  
COMMUNICATION

●  
BALANCE

●  
SUCCESS

BE PART OF OUR FACEBOOK COMMUNITY!

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