





Are you a high performer who gets it all done for everyone but you? You LOVE your work but you're frustrated that you don't have the time and energy to do ALL the things YOU really want to do.

There are 3 important ways I will support you in operating at your next level:

- 1. Intuitive Mentoring Life is not predictable and that's why I don't have a cookie cutter approach. I tune into where you are at and also listen to where you want to go. I can see your next level and help you get there more easily.
- 2. Energy Strategizing When you feel frustrated and overworked, you don't have the time and energy to do all things you want to do. You will master energy techniques that are intuitively customized for you to help you level up and have more joy in your life.
- 3. Supportive Community Imagine having a like-minded, nurturing community that is also on the same journey as you to master their time, energy, mindset and relationships. These incredible people are cheering you on so you can keep moving forward, especially when life pushes you into old patterns.





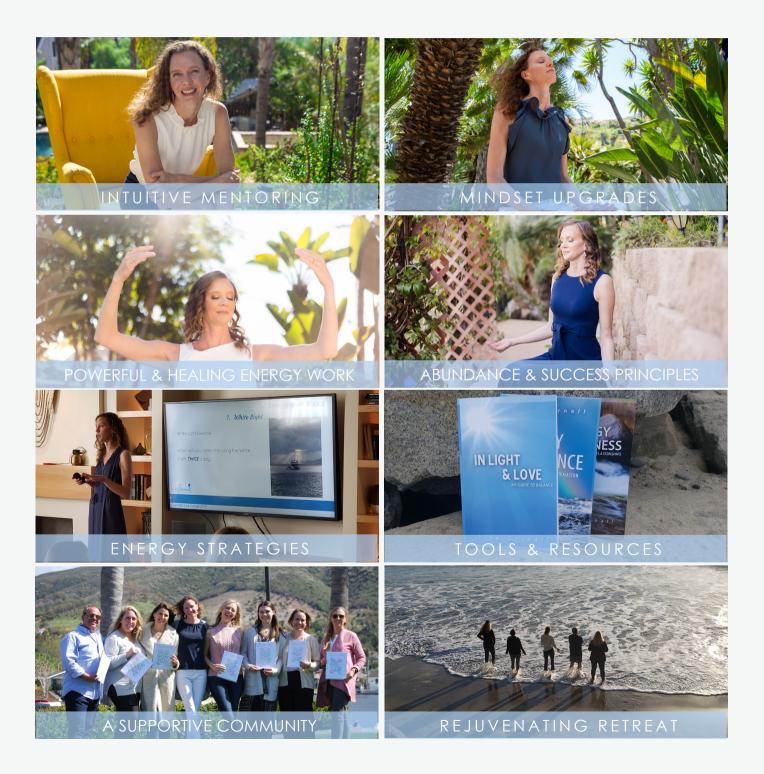
As a Spiritual Medium & Mentor, Author and Mindset & Energy Consultant, I am able to get to the ROOT of what is keeping you stuck at this level and getting the same results.

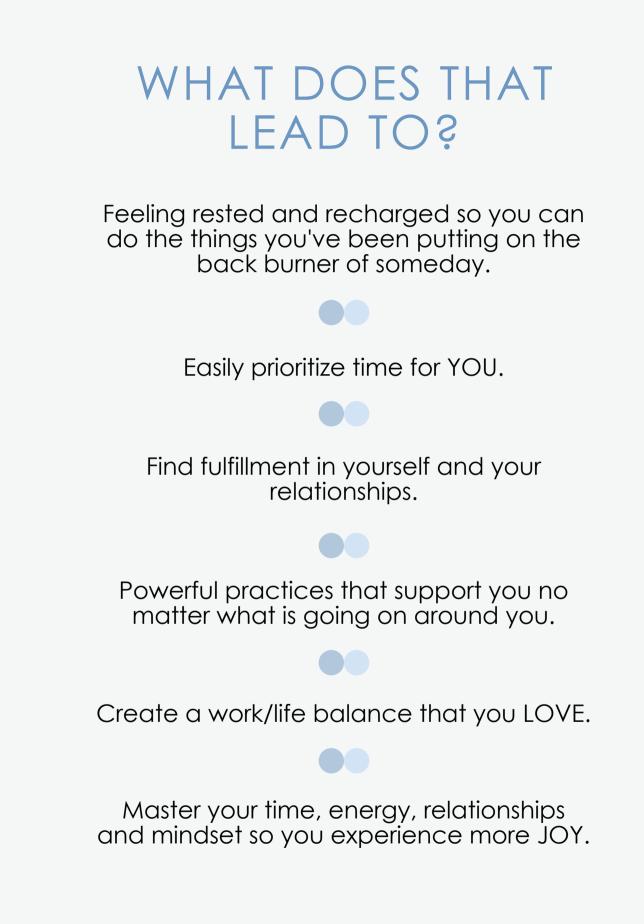
Since 2002, I have combined my intuitive abilities with Mentoring and Consulting. I have supported thousands of individuals as they leveled up their personal and professional lives. My programs are high touch and focus on helping you master your time, relationships, mindset and energy so you can have it ALL - in and out of work.

I not only teach balance, I live it everyday. I love to create a supportive community, share my skills and be REAL with my clients on their journey.

The last thing you want to do is feel stuck! I help you reach your dreams so you can live a life you truly LOVE.

## HOW I WORK WITH MY CLIENTS







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### LISA'S INNER CIRCLE SAN MARCOS, CALIFORNIA

"Through Lisa's help, I was able to significantly raise my prices and generate hundreds of thousands of dollars in additional revenue in my business in a very short time frame. And she's really been with me every step of the way."

"Lisa is someone who I want with me all the time because I keep leveling up. "



## LISA'S INNER CIRCLE

YOSEMITE FOOTHILLS, CALIFORNIA

"Lisa has been instrumental in me being able to step up and up level the type of clients I work with. She's not only helped me in my business she has also helped my relationships to flourish. I have been able to move past fears and looping patterns that were keeping me stuck."

"If you are stressed, exhausted and still striving for more, I highly recommend working with Lisa!"



## SEMI-PRIVATE PROGRAM

MONUMENT, COLORADO

Lisa "helping me find that balance has been so key to relieving the guilt and allowing me to be present, wherever I am spending my time during the day or night being fully present and getting rid of the guilt and the feelings of not enough."

I "really identified some long held personal beliefs that were holding me back both professionally and personally, in releasing those in ways that were very freeing, both for my emotional and psychological health."



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## SEMI-PRIVATE PROGRAM

SAN DIEGO, CALIFORNIA

Lisa "allowed me to overcome my fears and give me self confidence in knowing that I am enough, I am worthy, and I am loved."

"I would recommend working with Lisa because she really works with you and your challenges. She personalizes it to you."



## SEMI-PRIVATE PROGRAM

SAN MARCOS, CALIFORNIA

"Lisa has helped to empower me so that instead of my fears controlling me, Lisa has helped me to recognize them, and then to release them."

"I didn't have the strength to make changes that I really needed to in my life before I met Lisa."



### JOHN EXPERT ACCELERATOR EVENT SUPPORT

"I would recommend Lisa to anybody that just wants to get the best out of themselves and wants to function at their highest level. Without overwhelming themselves and making space for other things that are important to them in their lives."

"If you want to be more balanced in life and you want to still be successful professionally and be effective, then I would reach out to Lisa."



## JESSICA

INNER CIRCLE EVENT SUPPORT

"In the last year alone, Lisa has supported me energetically at six of my high level events. In fact she's been instrumental in helping my clients at those events to remove limitations, get past inner obstacles and truly step into the next level of success that they desire."

"I keep bringing Lisa into the mix and why I talk so much about mindset because it truly is 80% of the game."



### BRETT

#### 100K IN 90 DAYS EVENT SUPPORT

"I've been doing the work I do for the past 25 years and as a former #1 trainer and Peak Performance Coach for Tony Robbins, I have been exposed to many energy healers. Lisa is in a category of her own. For those that are searching for a life of optimal energy and feeling at their absolute best then reaching out to Lisa would not only be a great idea, it would be an excellent idea! I support Lisa 100% and the work in which she does."

"Lisa is in a category of her own."



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### JENNIFER

HIGH LEVEL MASTERMIND SUPPORT

"Having Lisa around has been such a bright light. It's been so powerful in crushing my limiting beliefs, in calming my nerves as I was getting uncomfortable up-leveling, in coming together as a group and bonding and being able to really support each other. It's incredible what she's able to do for you in just a short time."

"I am eternally grateful for what she's provided for me at this event."



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## WENDY

#### HIGH LEVEL MASTERMIND SUPPORT

"For me personally, the energy work that I took part in with Lisa was profound.. It helped me relax at the end of the night. It helped me make a shift in my own perceived value when I needed it the most."

"I really felt a lot of strength and a lot of supportive energetic power from Lisa specifically during this event."



### PEGGY

#### EXPERT ACCELERATOR EVENT SUPPORT

"Lisa's energy work is profound. It's deep, it's authentic and it's deeply healing. Really, its very transformational and it's palpable. I can actually feel the changes in my nervous system happening and they're lasting."

"I would so encourage other people who are doing events to hire Lisa because the teacher gives us the outside stuff, Lisa helps with the inside stuff."



## JAMES

#### INNER CIRCLE EVENT SUPPORT

"Lisa amazingly helped me see some things I never saw that have helped me grow my role, grow my company and be a happier person and a better dad."

"I would highly recommend Lisa if you're hosting an event."



### TREA INNER CIRCLE EVENT SUPPORT

"She supports the event energetically and makes sure that everything runs smoothly behind the scenes."

"I'm really glad that she was here to support us and it's been a really positive experience."



### WENDY

#### EXPERT ACCELERATOR EVENT SUPPORT

"When you have an energy worker like Lisa at an event, it helps to bring the entire energy into the same kind of positive and balanced plane because you can be surrounded by a lot of people and they're all at different levels."

"She is also there to lift up and keep the energy high for the facilitator and that is something that is absolutely needed, especially when you're hosting a multi-day event."



## JANET

#### EXPERT ACCELERATOR EVENT SUPPORT

"I think a lot of us when we get into this room, we get overwhelmed with all of the content and all of the stuff that we have to do and the tasks. Lisa helps us overcome that."

"Lisa helped to just bring us all back into center, get back into clarity and perspective and bring us back into a place of peace where we can think clearly again."



### NIKKI

#### EXPERT ACCELERATOR EVENT SUPPORT

"What Lisa provides is something that most coaches (unless they also are energy healers and mediums) aren't able to provide and it's a way to give another dimension to your clients experience that they won't forget."

"I would absolutely recommend that other coaches have Lisa come in and do her work."



## "Experiencing more freedom and JOY is the new sign of success. It's time to LOVE your life - ALL of it."

LISA GORNALL

